# **BEST PRACTICES**

## Outdoor Management Training (OMT) Programme-A Fun-Learning Experience

**Date:** [30/11/2024]

Venue: [Seva Sadan College of Arts, Science & Commerce- Play-Ground]

Participants: [50] Students

**Time:** 12 noon to 4:30pm

**Objective:** To develop teamwork, leadership, communication, and problem-solving skills

through outdoor management games.

#### **Convener:-**

Dr.Gulabchand Gupta

#### > Programme Coordinator:-

- 1. Asst Prof. Soniya Lakhyani
- 2. Asst Prof. Niraj Mishra
- 3. Asst Prof. Naisha Chainani
- 4. Asst Prof. Karishma Bhagchandani
- 5. Asst Prof. Deepa Sadhwani

### Games and Activities:-

- Four groups were formed which were divided into two teams who played against each other. Four different types of hurdle tasks were given to the teams where they had to apply their strategy to win over the other team. Teams with maximum winnings were chosen for reward.
- 1. Team Building Balloon Game
- 2. Cardboard Brick Walk Game
- 3. Human Wheel Walk Game
- 4. Water Relay Bucket Game

## > Outcomes and Observations:-

1. Enhanced teamwork and collaboration among participants

- 2. Improved communication and problem-solving skills
- 3. Boosted confidence and leadership skills
- 4. Developed critical thinking and analytical skills
- 5. Enhanced competition and encouraged participation in other class activities.
- 6. Fostered a sense of companionship and bonding among team members

#### **Challenges:-**

- 1. Initially, students were reluctant to participate. However, later they enjoyed the activities and wished to extend.
- 2. As students didn't have any previous exposure, they were lacking in better communication and team planning. They are gradually learning the skills.

## **Conclusion:**-

The one-day Outdoor Management Training Programme was a resounding success, providing a unique opportunity for students to develop essential skills in a fun and interactive environment. The games and activities were carefully designed to promote teamwork, leadership, communication, and problem-solving skills. We look forward to organizing more such events in the future.

### **Recommendations:-**

- 1. Conduct regular outdoor management games and activities to reinforce learning and development
- 2. Invite industry experts and guest speakers to share their experiences and insights
- 3. Encourage students to participate in similar events and competitions to develop their skills further

### > Appendix:-

Photographs of the event







